



My kind of Caesar salad

1 Trim the hearts of the romaine salad, then cut the leaves into stripes, as thick as a finger. Thoroughly wash the lettuce, then spin dry. Set aside, into a huge bowl.

2 Prepare the dressing (all ingredients should have room temperature): Using your mortar make a paste from the finely chopped garlic clove, anchovies and coarse sea salt. Add this paste to a large mixing bowl, as well as the egg yolk, mustard, Worcestershire sauce and lemon juice. Briefly beat with a whisk, then add olive oil by the tablespoon and whisk well in-between. Lastly add water by the tablespoon (whisk well) and season to taste (keep in mind, that the salad will contain seasoned chicken, bacon and Parmesan in the end!). Keep in the fridge until ready to use.

3 Prepare the bacon croutons: Cut the bread into bite-size cubes (I discard the crust beforehand), the bacon into tiny bites. Put into a large pan, drizzle with some olive oil, then mix with your hands until everything is equally coated. Roast over medium heat until both the bacon and the bread have become crisp and gained some nice flecks of color (stir every now and then). Remove from pan and set aside.

4 Prepare the chicken: Wash and clean the chicken breast, then cut into long thin slices. Marinate in a bowl with freshly ground black pepper, sea salt, garam masala and olive oil for 5 minutes. Heat a large pan over medium to high heat (I always use the same pan as I took for the croutons - no need to clean it), then add the chicken. Resist the urge to move the chicken around, let it sit there and gain some color first (peaking underneath one piece is allowed). Once they gained a nice golden brown color you can flip them over. Remove from the pan as soon as the other side looks similar. Cut into bite-size pieces while hot (use a fork, if it's too hot for you to hold), then put back into the warm pan (not on the stove anymore!) until ready to finish.



My kind of Caesar salad

Recipe source: own creation

Prep time: ~40min.

Ingredients (for 2 as a main dish):

- * 2-3 hearts of romaine (depending on size and appetite)
- * 1 garlic clove, finely chopped
- * 2-3 anchovy fillets (in oil)
- * 1/8 tsp flaky sea salt (e.g. Maldon)
- * 1 egg yolk (L)
- * 1 tsp mustard
- * 1 tsp Worcestershire sauce
- * 2 tbsp lemon juice (freshly squeezed)
- * 6-8 tbsp olive oil, plus a little more for frying
- * 4 tbsp water
- * 50g breakfast bacon
- * 3-4 slices of (stale) white bread
- * 250g chicken breast
- * freshly ground black pepper
- * fine sea salt
- * garam masala powder
- * 1 avocado
- * ~25g Parmesan



5 Finish off by cutting the avocado into neat little cubes (it would get brown, if you'd do this in the beginning) and making some Parmesan shaving using a peeler. Assemble the salad just minutes before serving: Mix the romaine leaves with the dressing, then add the chicken bites, the bacon croutons, avocado and Parmesan shavings. Indulge - salad has never tasted better.



My kind of Caesar salad

Recipe source: own creation

Prep time: ~40min.

Ingredients (for 2 as a main dish):

- * 2-3 hearts of romaine (depending on size and appetite)
- * 1 garlic clove, finely chopped
- * 2-3 anchovy fillets (in oil)
- * 1/8 tsp flaky sea salt (e.g. Maldon)
- * 1 egg yolk (L)
- * 1 tsp mustard
- * 1 tsp Worcestershire sauce
- * 2 tbsp lemon juice (freshly squeezed)
- * 6-8 tbsp olive oil, plus a little more for frying
- * 4 tbsp water
- * 50g breakfast bacon
- * 3-4 slices of (stale) white bread
- * 250g chicken breast
- * freshly ground black pepper
- * fine sea salt
- * garam masala powder
- * 1 avocado
- * ~25g Parmesan