

Breakfast Yogurt



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Recipe source: inspired by a breakfast variation at cafe "Schmock", see link above

Required time: about 10 minutes

Ingredients:

- *honey
- *Greek yogurt
- *nuts (like sliced almonds, pecans, walnuts, pistacios, pine)
- *seeds (like pumpkin, sunflower)

Greek Yogurt & Pineapple

Recipe source: inspired by "Pineapple with Bashed- up Mint Sugar" from Jamie Oliver, see link above, adapted

Required time: about 15 minutes

Ingredients:

- * fresh pineapple
- *icing sugar
- * Greek yogurt
- *sugar
- * fresh basil leaves